

BELL SCHEDULE

We Are Kodiaks Assembly Bell Schedule

WEDNESDAY	THURSDAY	FRIDAY	
Block 1 8:00-9:12	Block 1 8:00-9:12	Block 1 8:00-9:12	
Block 2 9:16-10:28	Block 2 9:16-10:28	Block 2/Assembly 9:30-10:30 Students go to Block 2 class and come to gym w/teacher	
FLEX	FLEX	BREAK	
10:28-10:57	10:28-10:57	10:30-11:00 Dia da 2	
Block 3 11:01-12:13	Block 3 11:01-12:13	Block 2 11:00-11:53	
LUNCH	LUNCH	Block 3	
12:13-12:53	12:13-12:53	11:57-12:50	
Block 4	Block 4	LUNCH	
12:57-2:09	12:57-2:09	12:50-1:30	
Block 5 2:13-3:25	Block 5 2:13-3:25	Block 4 1:35-2:28 Block 5 2:32 - 3:25	



- Student Council will be starting a "Gratitude Board" in the Grand Hall in preparation for our spirit assembly theme KINDNESS. We ask that students/staff stop by the table at lunch and write something on a sticky note (word, name of someone, a story, etc...) that represents acts of kindness around the school. The sticky notes will be placed on the board to spell "KINDNESS"
- We will keep the board going until the day of the assembly (Friday, Nov. 15)....we are starting with 4 letters KIND

The table will be set up in front of the Grade 12 Information board next to the cafeteria. Please help spread the word.

RELAX & CROCHET Friday's @ Lunch in the Office Conference Room



Join us & learn a new relaxing skill in a fun atmosphere! You don't need to bring anything except for your lunch & a good attitude!

ATTN: Gr. 12s

The on-line Grad Wear store is now open! Order deadline is Nov. 18 at 9:00 AM. Delivered before Winter Break.

- <u>https://store.passionsports.ca/HWSS2020/shop/home</u>
- Sizing samples will be available in the Grand Hall in front of the theatre next week at lunch.



Heritage Woods Assistance Dog

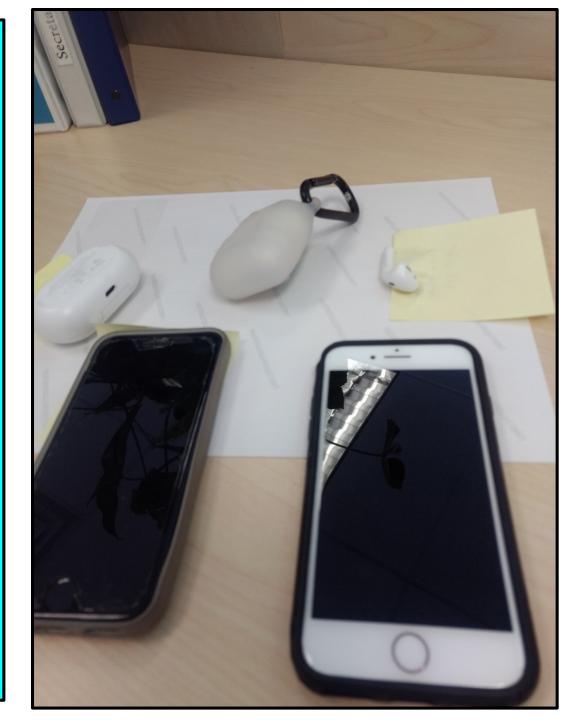
Brie our Heritage Woods Assistance Dog will be here on Wednesday's at LUNCH in the counselling area. Come down and say "Hi"!





LOST & FOUND

Please come to the office to claim.



Mr. Bell's Class

Career Life Connections 12



WEDNESDAY, NOVEMBER 13TH M - Z

VISION BOARDS DUE

Ms. Saloustros' Class

Career Life Connections 12

PLEASE MEET IN THE THEATRE DURING FLEX

ON THURSDAY NOV. 14TH



Come and check out the new books at the HWSS Library



Please come to the main office to purchase.

COST: \$5.00



KODIAK ATHLETICS



Junior Boys Soccer

Meeting TODAY (Wednesday) at the start of lunch in room 216A to discuss our wind-up and other team matters.









Wednesday's @ FLEX in the Conference Room!

HWSOAP FREE PEER TUTORING

CONTACT <u>hwsoaptutor@gmail.com</u>

Volunteers Needed!

Kodiaks Konversations

Are you kind, compassionate and friendly?

Do you like **snacking** and **chatting**?

Are you interested in other countries and cultures?

Volunteers needed to connect with our new EAL students!

Sound interesting? Come join us for our on

Wednesday's at , **FLEX** in room 211

See you there!

-INTERESTED IN JOINING SCIENCE COMPETITIONS TO BOOST YOUR RESUME?

-WANT TO EARN **PRESTIGIOUS AWARDS** FROM BIG UNIVERSITIES LIKE UBC AND U OF T?



JOIN THE

HSEU CLUB

NEXT MEETING:

WEDNESDAY @ LUNCH IN ROOM 316 (September 25th)

HWSS ANIMATION

HWSS

Animation Club

Meetings Every Wednesday at Lunch ROOM 210

See Mr. Strudwick for details

Stock Market Club

Compete with others in a stock market simulation game and learn investment tips and strategies.

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Wednesdays at Lunch in Room 301 (Mr. Sather's Room)

Contact: <u>127-eesmail@sd43.bc.ca</u> for questions



Join WYNS Club!

If interested, come to room 315 on Wednesdays at lunch

Do YOU want to HELP the community?

- Volunteer hours
- Student led organization
- Fundraising
- Helping kids with medical conditions and creating opportunities for those in need

For all current club members:

Please come at the beginning of lunch for this week's meeting (October 2nd). We have a short notice and will finish early.

GIRLS Girls Can Talk Society: CAN TALK Clothing Drive

Bring in any spare clothing to donate to 3030 Gordon Project until November 10!

Donation box located near the main entrance beside the office

SKI & SNOWBOARD CLUB

SIGN UP IN ROOM 314

FIRST TRIP: DECEMBER 14TH



Krispy Kreme Sale!

Located in the Grand Hall after school next Friday, November 15th

CAREER CENTER



ONE PLACE. ENDLESS POSSIBILITIES. **BIG INFO NIGHT**

Join our biggest info session of the year.

Nov 13, 4:30–7:30 pm Burnaby Campus Register at **bcit.ca/biginfo** BCIT

TD Scholarships for Community Leadership

Community heroes do good work because they are inspired to, not for the recognition.

TD is committed to opening doors for a more inclusive and sustainable tomorrow, creating conditions so everyone has the chance to succeed in a changing world. Unique in Canada, the TD Scholarships for Community Leadership are offered to students who, like TD, help support change, nurture progress and contribute to making the world a better place. Have you shown exceptional initiative in making a meaningful and lasting difference in your community? Then we want to hear from you, as you may qualify for one of our Community Scholarships. It's not just about marks in the classroom, but rather the marks you have made on your community.

What are the TD Scholarships?

• Up to \$10,000

For tuition, up to a maximum of four years

• \$7,500 a year

For living expenses, up to a maximum of four years

• Up to \$70,000

Value per scholarship awarded

• Deadline to apply Nov. 15, 2019

• Find more information and apply at <u>www.td.com/scholarships</u>

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oroptimist International of the TriCities is proud to present

UNLOCK YOUR FUTURE The key to scholarships

Join Scholarship Consultant Brittany Palmer for this seminar on how to navigate the scholarship process step by step (even if you are not a straight A student!)

TOWNLINE

Topics Include

- · How to build your scholarship foundation
- · Qualities committees look for in scholarship candidates
- · Scholarships, bursaries & awards: definitions & differences
- Early planning strategies for younger students
- · Volunteering and leadership opportunities
- · Organization and time management strategies
- Where to find scholarships
- · How to navigate online resources
- · Elements of scholarship applications
- · The scholarship interview
- · How to craft a strong personal statement
- How to write a powerful & memorable scholarship essay

THE DETAILS

(19)

Who: Grade 9 - 12 Girls in the TriCities (Parents welcome to attend)

When: Saturday, November 23rd, 2019 1:30 to 3:30 pm

Where: Poirier Library Nancy Bennett Room 575 Poirier Street, Coquitlam

Cost: Your valuable time (it's worth it!)

REGISTER EARLY HTTP://BIT.LY/UNLOCKYOURFUTURE

Career Exploration for Girls

DREAM IT BE IT



Have you applied to University of Alberta? Are you still thinking of applying?

- U of A will be in Vancouver to answer all of your questions!
- Students are invited to a 30-minute one-on-one advising session to learn more about programs, admission, and the application process at the U of A. General and faculty-specific sessions are available.
- Date: Saturday, November 23, 2019
 Time: 9:00 a.m. 5:00 p.m.
 Location: Vancouver Public Library (350 West Georgia Street)
- Spaces are limited! Students can sign up online at <u>uab.ca/advising</u>.

It's What You Do That Counts!

Are you a young woman in grade 12 who volunteers in your community or school? Do you see challenges instead of obstacles? Hope instead of despair? If you are a young woman who believes in the power of volunteer action and plans to attend a post-secondary institute after graduation, then you may be eligible to win a

Bea Kelly Volunteer Award.

This award recognizes young women who make the community and world a better place through volunteer efforts such as: fighting drugs, crime and violence; cleaning up the environment; and working to end discrimination and poverty. Volunteer actions that benefit women or girls are particularly encouraged.

Winners are eligible to receive bursaries to help offset some of the costs of their post-secondary education.

For information about applying for the Bea Kelly Volunteer Award please contact:

Soroptimist International of the Tri Cities http://soroptimisttricities.org/

Name		
Email		
Phone		
Application Deadline		

Amount of Award



REPEAT NOTICES



20th Annual Hyde Creek Salmon Festival Sunday November 17, 2017 9:30AM – 3:30PM

VOLUNTEER

- Location: Hyde Creek Hatchery & Education Centre
- 3636 Coast Meridian Road (Meet at the Hatchery)
- A fun community event celebrating the return of the salmon to our creek with many different volunteer roles to choose from! Lunch is provided for all volunteers who participate.
- Please email your Full Name, School/ Organization, Email & Phone Number to April Crockett at <u>hcws.volunteers@gmail.com</u>